

T&T Fitness Academy

2024

Certifications & Workshops Calendar



TTFA 2024 First Quarter Certifications and Workshops

DATE	PROGRAM	LOCATION	PREREQUISITES	COST	CREDITS
January 13th (Jan 13th - Mar 2nd) Eight Consecutive Saturdays	I.S.C.A. Personal Training Instructor Certification	Blended Zoom & In-person	None	\$4500.00 TT A minimum down-payment of \$1000.00 is required to register and candidates will have two months to pay off the balance of \$3500.00 Registrations closes January 11th	15 CEC
February 4th (4hours)	FREE Intro to kettlebell Workshop	T&T Fitness Academy	None	FREE (NO COST) This is a free practical workshop for anyone who chooses to attend and is a required step for persons wishing to become a certified Kettlebell Instructor . Registration closes January 29th	2 CEC
February 18th & 25th (16 hours)	Group Indoor Cycling Certification	T & T Fitness Academy	None	\$2500.00 Indoor Group Cycling Instructor Certification from safety and bike setup to leading visual rides, program design and exercise intensity monitoring. A comprehensive certification for potential Instructors. Registration closes February 16th	15 CEC
March 9th (Mar 9th – Apr 27th) Eight Consecutive Saturdays	I.S.C.A. Personal Training Instructor Certification	Blended Zoom & In-person	None	\$4500.00 TT A minimum down-payment of \$1000.00 is required to register and candidates will have two months to pay off the balance of \$3500.00 Registrations closes March 7th	15 CEC
March 24th & 31st (16 hours)	Kettlebell Certification	T & T Fitness Academy	“Must have attended a FREE kettlebell workshop prior“	\$2500.00 With huge emphasis on safety and technique the Kettlebell certification prepares and certifies persons to lead individual and group classes. Registration closes March 18th	15 CEC